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**Abstract**

## **SCHOOL PE AND SPORT IN HUNGARY IN THE 21<sup>ST</sup> CENTURY**

Since the political changes of 1989, when the one-party system was replaced by the multi-party system, the situation of both school PE and elite sport have changed. Working in the higher education for more than 25 years, traces of the significant differences in relation to the previous years could be easily followed by the author. New dimension has been brought into body culture by the changes in education and in training sports specialists. How beneficial these changes are from professional point of view is questionable. At the same time, the appearance of newer leisure sports opened new horizons in training. But how can these new, fashionable and mostly expensive forms of motion be smuggled into the university PE lessons? All these are a great dilemma for a PE teacher. Does the very liberal handling of leisure sport serve the forming and maintaining of a healthy lifestyle? University students generally get their body movements jammed into the framework of 'party programmes'. Can we really talk about sports when they participate in various leisure sport programmes with a glass of spirits in their hands? Talking with foreign colleagues, it turns out that it is not typically a Hungarian 'illness'! Being PE teachers or sports specialists, can we do anything against these current trends? The lecture discusses these contemporary problems.

**Key words:** *School PE, elite sport, education changes*